



# the med terrace









## NIBBLES

Marinated olives	155kcal	  	5
Locally baked focaccia with Cornish rapeseed oil and aged balsamic vinegar	646kcal	 	4.5
Garlic Ciabatta	204kcal		5.5
Cheesy Garlic Ciabatta	294kcal		6.25
Balsamic pickled onions	272kcal	  	4
Chilli Rice Crackers	396kcal	 	2.5
Sea Salt Mixed Nuts	184kcal	   	2.5

## PAELLA

Eden's own saffron infused paella with Cornish seafood, chicken, chorizo and Lerwick langoustine	483kcal	 	15
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## PIZZA

Margherita Pizza	  	10
A classic; stone baked and finished with rocket and basil oil	800kcal	
Verde Pizza		10.25
Stone baked, white sauce base with spinach, roasted artichokes and oregano, finished with rocket and fresh basil oil	1050kcal	
Pugliese Pizza	  	11.50
Stone baked, tomato and herb base, caramelised red onion, sun blushed tomato and mozzarella, finished with rocket and fresh basil oil	1029kcal	
Chorizo Pizza		12.95
Stone baked, tomato and herb base, Cornish goats' cheese, sliced chorizo, olives and mozzarella, finished with rocket and fresh basil oil	752kcal	

## EXTRAS

Golden roast potatoes	208kcal	  	4.50
Fennel, watercress and pine nut salad	304kcal	   	6.25
Dressed Leaves	131kcal	  	4
Chipotle Mayo Dip	412kcal	  	1.25
Garlic Mayo Dip	392kcal	  	1.25



If you have any dietary requirements or need assistance with the menu please speak to a member of our team – we're always happy to help.  
Adults need around 2000 kcal a day. Kcal values are for the dish as described.